

CARING FOR YOUR LOVED ONES



BROADVIEW

A Guide To Navigating Senior Care



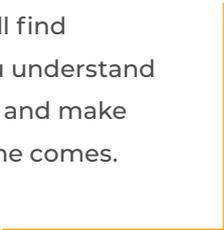


BEGINNING THIS JOURNEY TOGETHER

As loved ones begin to age, needs can shift: sometimes gradually, sometimes all at once. Having options for assisted living, memory care, or respite care ensures families can make the right choice at the right time.

For those who require a higher level of daily support, **Broadview at Purchase College** offers the High Point Center for Care, a safe, welcoming environment designed to meet the needs of older adults across a range of care levels.

We created this guide to provide knowledge, clarity, and comfort- which together inspire confidence as you begin the conversation around senior living. Inside, you'll find practical information to help you understand options, ask the right questions, and make thoughtful choices when the time comes.



UNDERSTANDING LEVELS OF CARE

Every person's needs are unique, and people begin considering senior living at different times in their lives. The continuum of care allows for support at every stage of the aging journey, including:



INDEPENDENT LIVING

Best for older adults who want an active lifestyle with services available if and when needed.



ASSISTED LIVING

Designed for those who need help with daily activities such as bathing or medication management, while maintaining independence.



MEMORY CARE

Specialized, secure settings with staff trained in dementia and Alzheimer's care.



RESPITE CARE

Short-term, flexible assisted living stays that provide relief for caregivers while ensuring loved ones receive personalized support.

In every case, care plans should be individualized, adapting to each resident's abilities and needs so they can live with dignity and comfort.



SENIOR LIVING PRICING MADE SIMPLE

Pricing can look different across independent living, assisted living, and memory care, and understanding the differences can help you make a more informed financial decision. **Here's a breakdown of the common fee structures.**

1 Independent Living Costs Explained

Independent living options usually involve either **an entrance fee**, which is a larger one-time payment that is partially refundable, securing long-term residency and future care, or **a monthly rental fee** that covers current expenses. Note: entrance-fee models also require a monthly payment that covers utilities and amenities.



2 Understanding Higher Care Costs: All-Inclusive vs. À la Carte

At High Point Center for Care, our all-inclusive pricing model is designed to be clear and simple. One monthly rate covers your residence, services, and amenities. An all-inclusive pricing model is designed for simplicity and transparency. You pay one established monthly rate that covers the services and amenities you need.

Other communities may have separate fees for each service ("à la carte"). These costs often add up to be more expensive than initially anticipated, which can make budgeting a challenge, so it's wise to compare.

ALL-INCLUSIVE VS. À LA CARTE PRICING

FEATURE	À LA CARTE	ALL-INCLUSIVE (High Point)
Meals	Often included; extra for special diets	✓ Included chef-prepared meals daily
Medication Administration	Separate charges	✓ Included
Housekeeping & Laundry	May be optional	✓ Included regularly
Personal Care / Assistance	Paid hourly or by service	✓ Covered based on care level
Social & Recreational Programs	Some free, others extra	✓ Included
Predictability	Costs vary month-to-month	✓ One consistent monthly rate

PLAN YOUR VISIT

WHAT TO ASK ON A COMMUNITY VISIT

Touring a new community is an important step in the senior living journey. While exploring options for your loved one, coming prepared with questions will help you make the most of your visit and ensure the community is the right fit for your loved one's lifestyle and future needs.

Commonly Asked Questions

1 What social events and activities are offered, and can residents in assisted living or memory care join in?

High Point Center for Care: Broadview and the High Point Center for Care sit on the Purchase College Campus. Residents are offered a unique opportunity to enjoy campus amenities, like the Neuberger Museum of Art, and engage in lifelong learning classes and lectures on interesting topics. Plus, activity calendars also include fitness classes, social clubs, and more that are personally tailored to each resident.

Community #2:

Community #3:

2 What safety and security measures are in place to protect residents? Are nurses available 24/7?

High Point Center for Care: We have an emergency call system as well as a personal pendant for residents. Plus, we have a licensed nursing staff on-site 24/7. Our nursing staff is able to provide medication management around the clock as well as respond to emergencies or urgent health concerns as needed.

Community #2:

Community #3:

3

Are pets allowed, and what's the policy?

High Point Center for Care: Yes, pets are allowed! We are a pet-friendly community and encourage you to bring your furry friends with you.

Community #2:

Community #3:

4

What types of services are included in my monthly fee?

High Point Center for Care: Our all-inclusive pricing covers everything you need in one predictable rate, including weekly laundry, housekeeping, personal assistance with bathing, grooming, and dressing, as well as medication management, dietitian visits, and an individualized care plan.

Community #2:

Community #3:

5

How does Memory Care programming promote independence and cognitive well-being?

High Point Center for Care: At High Point, we're proud to offer the Heartfelt Connections Memory Care program. We thoughtfully design meaningful routines and care plans based on each individuals' past experiences and evidence-based dementia care techniques – encouraging independence and preserving dignity.

Community #2:

Community #3:



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HOW TO TALK TO YOUR LOVED ONE

Talking to a loved one about senior living, whether independent living or higher levels of care, like assisted living, can feel daunting. To help you approach this sensitive conversation, we've put together a few thoughtful tips for starting the discussion with care and confidence.

- **Lead every conversation with empathy and understanding.**
- **Listen to their concerns and address the things that matter most to them about their current lifestyle.**
- **Highlight how this change will support both their safety as well as foster meaningful social connections.**
- **As they may want to talk through the levels of care available, and how they can preserve their independence, be prepared with some key insights into how each one is different.**

As you prepare for these questions or need guidance on how to approach these discussions, our team is here to help. Contact us at **Broadview at Purchase College** or the **High Point Center for Care** to learn how we can support your loved one's transition and ongoing well-being.



Contact us at info@broadviewseniorliving.org or call (914) 417-2025.

broadviewseniorliving.org/high-point

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